



EPHESUS

R E S T A U R A N T

TURKISH & GREEK CUISINE

Early Bird Offer

Get **10% Off**
your food bill

If you pay and vacate your table **before 7PM**

01803 294466

Cold Starters

All cold starters are served with homemade bread - additional bread chargeable

- | | |
|--|-----------------------------------|
| 1. Hummus v | £4.50 |
| Mashed chickpeas, sesame seed oil, lemon juice & garlic | |
| 2. Tzatziki v | £4.50 |
| Finely chopped cucumber, yoghurt & garlic | |
| 3. Kisir v | £4.95 |
| Cracked wheat with spring onions, chopped peppers & pomegranate molasses | |
| 4. Patlican Ezme v | £4.95 |
| Smoked aubergine puree, mixed with yoghurt & garlic | |
| 5. Patlican Soslu v | £4.95 |
| Aubergines, onions, mixed peppers, potatoes and carrots cooked in tomato sauce | |
| 6. Dolmades v | £4.95 |
| Vine leaves, stuffed with rice, pine kernels, currants cooked in olive oil | |
| 7. Prawn Cocktail | £6.50 |
| Cold water prawns served over crispy salad with marie rose sauce | |
| 8. Smoked Salmon | £6.95 |
| Smoked salmon served over crisp salad with marie rose sauce | |
| 9. Cold Mixed Meze Platter v | For one £7.95 For two £12.95 |
| Selection includes hummus, tzatziki, patlican ezme, patlican soslu, dolmades and kisir | |

Hot Starters

All hot starters are served with homemade bread - additional bread chargeable

- | | |
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| 10. Homemade Tomato Soup v | £4.75 |
| Homemade tomato soup topped with mozzarella cheese | |
| 11. Muska Borek - Triopitta v | £5.50 |
| Deep fried Greek feta cheese & spinach parcels | |
| 12. Sucuk | £5.50 |
| Turkish grilled spicy sausage | |
| 13. Hellim | £5.50 |
| Cyprus goat, sheep & cow's cheese | |
| 14. Mitit Kofte | £5.50 |
| Lamb meat balls in spicy tomato sauce | |
| 15. Rulo Borek | £5.25 |
| Deep fried spicy minced lamb filled filo pastry parcels | |
| 16. Falafel v | £4.95 |
| Mashed chickpeas and broad beans balls on the bed of hummus | |
| 17. Albanian Liver | £7.20 |
| Lamb liver pan fried with cumin and spices. Served over a red onion salad | |
| NEW Soslu Mantar | £6.20 |
| A creamy mushroom with Turkish herbs | |
| NEW Fishcake | £6.20 |
| Fishcake with a creamy mango sauce | |
| 18. Calamari | £7.20 |
| Deep fried baby squid rings, served with tartar sauce | |
| 19. King Prawns | £7.20 |
| Off the shell king prawns, pan fried & served in a creamy tomato sauce | |
| NEW Seafood Meze Platter | £15.95 |
| Calamari, prawn cocktail, king prawn in creamy sauce and smoked salmon | |
| 20. Hot Mixed Meze Platter | For one £7.95 For two £13.95 |
| Selection includes sucuk, hellim, rulo borek, falafel, mitit kofte & muska borek | |

Charcoal Fired Barbecue Dishes

All dishes are served with rice & salad garnish

- | | |
|---|---------------|
| 21. Adana Koftedes (From South East Turkey)
Minced lamb, slightly spicy, barbecued on the skewer | £13.50 |
| 22. Ottoman Kanat
Marinated chicken wings, barbecued on the skewer | £13.50 |
| 23. Adana Lokma Koftedes
Minced lamb, slightly spicy, barbecued on the skewer. Wrapped in a flatbread, cut in medallions & topped with spicy tomato sauce & yoghurt | £14.50 |
| 24. Chicken Souflaki
Marinated pieces of chicken breast barbecued on the skewer | £14.50 |
| 25. Lamb Souflaki
Marinated pieces of lamb, barbecued on the skewer | £14.95 |
| 26. Mixed Souflaki
Marinated pieces of lamb and chicken breast, barbecued on the skewer | £15.95 |
| 27. Diafora Izgara
Marinated lamb, chicken, Adana kofte & chicken wings, barbecued on the skewer | £17.50 |

Gluten Free & Vegan Menu available upon request

Chef Specialities

All dishes are served with rice

- | | |
|---|---------------|
| 28. Lamb Guvec
Pieces of lamb cooked with onions, peppers, tomatoes, courgettes, aubergines, herbs & garlic, served in a homemade tomato sauce | £13.50 |
| 29. Chicken Guvec
Pieces of chicken breast, cooked with onions, peppers, tomatoes, courgettes, aubergines, herbs & garlic, served in a homemade tomato sauce | £13.50 |
| NEW Ephesus Chicken
Pieces of chicken breast, cooked with onions, peppers, tomatoes, courgettes, aubergines, mushroom, cream, mozzarella cheese, herbs & garlic served in a homemade tomato sauce | £14.50 |
| 30. Iskender
Lamb or chicken souflaki served on a bed of chopped bread, topped with tomato sauce and Greek yoghurt | £14.50 |
| 31. Islim
Boneless lamb, wrapped in a fried aubergine slices & topped with grilled peppers, served with a homemade tomato sauce | £14.50 |
| 32. Lamb Moussaka
Layers of aubergines, courgettes, carrot, potatoes & minced lamb cooked in a homemade tomato sauce. Topped with bechamel sauce and cheese, and baked in the oven | £14.50 |
| 33. Kotopolo Corfu
Chicken breast stuffed with Greek feta cheese, spinach, fried onions & peppers. Topped with a homemade creamy tomato sauce and white wine | £14.95 |
| 34. Hunkar (Sultans Delight)
Lamb & vegetable casserole served on a bed of smoked aubergine puree mixed with Greek yoghurt and garlic | £14.50 |
| 35. Greek Beef Stifado
Tender beef slowly cooked with red wine and a touch of cumin | £14.50 |
| 36. Klefticos (Lamb Shank)
Knuckle of lamb on the bone, slowly baked with herbs & vegetables | £17.50 |

Seafood Dishes

All dishes are served with rice

- 44. Soslu Salmon** £15.95
Pan fried fillet salmon, mixed pepper, onion, creamy homemade tomato sauce
- 45. Seafood Guvec** £16.95
Mix of king prawn, prawn, mussels, octopus and calamari cooked with onion, peppers, garlic, tomato, cream topped with cheese and oven baked

Vegetarian Dishes

All dishes served with rice

- 46. Falafel v** £11.95
Mashed chickpeas and broad beans balls on the bed of humus served with zatziki salad
- 47. Iman Bayildi (Stuffed Aubergine) v** £11.95
Aubergine filled with fried onions, peppers, garlic, herbs & topped with cheese & tomato sauce
- 48. Moussaka v** £12.95
Layers of aubergines, courgettes, potatoes & carrots cooked in a light tomato sauce, topped with cheese & then baked
- 49. Vegetarian Souflaki v** £12.95
Selection of vegetable cooked on charcoal served with rice. **Add grilled Houlumi £2.95**

Salad & Sides

- 50. Greek Salad** £6.50
Salad leaves, olives, cucumber, tomatoes, onions, parsley & Greek feta cheese dressed in olive oil
- 51. Shepherds Salad v** £5.50
Chopped onion, tomato, cucumber & parsley with an olive oil dressing
- 52. Pilaf Rice** £2.00
- 53. Pan Fried Baby Spinach & Onions** £4.95
- 54. Thick Cut Chips** £3.00
- 55. Basket of Homemade Bread** £1.95

Turkish & Greek Cuisine

Turkish & Greek cuisine is largely the heritage of Ottoman cuisine, which can be described as a fusion and refinement of Central Asian, Middle Eastern, Mediterranean and Balkan cuisines. Turkish & Greek cuisine has in turn influenced those and other neighbouring cuisines, including those of Western Europe. The Ottomans fused various culinary traditions of their realm with influences from Middle Eastern cuisines, along with traditional Turkic elements from Central Asia (such as yogurt), creating a vast array of specialities—many with strong regional associations.

Turkish & Greek cuisine varies across the countries. The cooking of Istanbul, Bursa, Izmir, and rest of the Aegean region inherits many elements of Ottoman court cuisine, with a lighter use of spices, a preference for rice over bulgur, koftes and a wider availability of vegetables stew turlu, eggplant, stuffed dolmas and fish. The cuisine of the Black Sea Region uses fish extensively, especially the Black Sea anchovy, has been influenced by Balkan and Slavic cuisine, and includes maize dishes. The cuisine of the southeast—Urfa, Gaziantep and Adana—is famous for its kebabs, mezes and dough-based desserts such as baklava, kadayif and künefe.

Especially in the western parts of Turkey, where olive trees grow abundantly, olive oil is the major type of oil used for cooking. The cuisines of the Aegean, Marmara and Mediterranean regions are rich in vegetables, herbs, and fish. Central Anatolia has many famous specialities, such as keşkek (kashkak), mantı (especially from Kayseri) and gözleme.

A specialty's name sometimes includes that of a city or region, either in or outside of Turkey, and may refer to the specific technique or ingredients used in that area. For example, the difference between urfa kebab and adana kebab is the thickness of the skewer and the amount of hot pepper that kebab contains. Urfa kebab is less spicy and thicker than adana kebab.



All Major Credit/Debit Cards accepted

Menu descriptions may not list every individual ingredient. Customers concerned about the presence of allergens in our food are welcome to ask a member of staff for assistance when choosing their meal. Prices are inclusive of VAT. If you have any comments or suggestions our staff will be more than happy to receive them. Please note our kitchen is not nut and gluten free.

V - Denotes suitable for Vegetarians



EPHESUS
RESTAURANT



Having a Party?

Make it an Ephesus Party

Turkish Greek food is ideal for parties, enjoy a selection of starters to share or choose from the full menu

Please ask a member of staff for more details

Big groups welcome with a pre-order

01803 294466

Find us on **facebook** Ephesus Torquay

Private hire available

EPHESUS
RESTAURANT

Desserts

37. Zorba Greek yoghurt & honey topped with crushed mixed nuts	£4.95
38. Homemade Rice Pudding Oven baked and creamy rice pudding served with nuts and honey	£5.50
39. Ice Cream (Mixed)	£5.50
40. Baklava Traditional Middle Eastern pastry soaked in honey syrup with pistachio nuts	£6.50
41. Chocolate Fudge Cake Served with a choice of ice cream	£6.50
42. Cheesecake Served with a choice of ice cream	£6.50
43. Chocolatini Cocktail Baileys, Tia Maria and chocolate	£6.95

Please ask for the daily dessert specials

Coffee

Espresso £2.00 Double Espresso £2.50
A short, intensely flavoursome and rich coffee

Cappuccino £2.95
Espresso with smooth steamed foamed milk with a light dusting of cocoa

Americano £2.70

Latte £2.95

Hot Chocolate £2.95
Luxurious cocoa made with silky steamed milk finished with a light dusting of cocoa

Liqueur Floater Coffee £5.95

Irish Coffee - Jameson's Irish whiskey
French Coffee - Brandy
Calypso Coffee - Tia Maria
Orange Coffee - Cointreau
Bailey's Irish Cream Coffee

Turkish Coffee £2.70

Boiled in a special "Cezve" served black and sweetened to your taste

Freshly Brewed Teas

English Tea £2.50

Mint Tea £2.50

Apple Tea £2.50

Apple Tea £2.50

Green Tea £2.50

Liqueurs

Cointreau 25ml £2.95

Amaretto 25ml £3.50

Tia Maria 25ml £3.50

Baileys 50ml £3.50

Grand Marnier 25ml £3.80

Courvoisier 25ml £3.50

Remy Martin 25ml £4.40

Metaxa (Greek Brandy) 5 Star 25ml £4.10

Metaxa (Greek Brandy) 7 Star 25ml £5.10

White Wine

House White **£16.95**

175ml £4.75 250ml £6.20

Elegant and fruity with a fresh, smooth and harmonial flavour

Pinot Grigio (Italy) **£17.95**

175ml £4.80 250ml £6.30

A careful blend of trebbiano and chardonnay grapes which produces a clean, crisp flavour

Baron De Arignac (France) **£18.95**

Very popular wine - medium, sweet and packed with fruit

Viognier Vin De France (France) **£20.95**

This superb wine has bags of exotic fruit aromas

Retsina (Greece) **£20.95**

Fermented with aromatic juices of pines and takes a rich full-bodied taste

Chardonnay (Italy) **£20.95**

Lightly fruity bouquet with pleasantly dry and smooth aromas

Cankaya (Turkey) **£22.95**

This is a favourite white wine in Turkey, delicious with intense fruit flavour

Sauvignon Blanc (Italy) **£24.95**

Dry and crispy exceptionally refreshing

Chablis Victor Berard (France) **£36.95**

Ripe with hints of apples, leaf and honey.

Red Wine

House Red **£16.95**

175ml £4.75 250ml £6.20

Bright Ruby red colour, with smooth and harmonic with long lasting taste

San Giovese (Italy) **£17.95**

175ml £4.80 250ml £6.30

Superb Blend of Sangiovese, primitivo and negroamano grapes. Fresh fruity character

Baron De Ariganc (France) **£18.95**

From the South of France, carignan and granache produces a supple light, yet rounded wine, with hint of blackcurrant fruit

Montepulciano D'Abbruzzo **£20.95**

Plums and cherries bouquet, with fruity, vigorous with a long and intense finish

Yakut (Turkey) **£22.95**

This Turkish wine has a unique character, flavours of plum and spices

Othello (Greece) **£22.95**

Very popular Greek wine with nice fruity flavour

Chianti D.O.C.G. (Italy) **£22.95**

Most popular Italian wine, it has a dry smooth, fruity flavour and pleasant long finish

Faustino Rivero Rioja (Spain) **£24.95**

A bright wine with red berry aromas and a note of liquorice

Châteauneuf-du-Pape (France) **£37.95**

A full-bodied, spicy, robust wine with a deep colour

Rose Wine

Pinot Grigio Rose **£17.95**

175ml £4.80 250ml £6.30

Fruit and pleasant bouquet, with dry harmonic and delicate taste

Rose Zinfandel (California) **£16.95**

175ml £4.80 250ml £6.30

This delicious zinfandel display ripe strawberries and raspberry fruit aromas

Champagne & Sparkling Wine

Small bottle of Prosecco **£7.50**

Added 25ml of chambord £2.00

Prosecco Emotivo (Italy) **£25.95**

This classic Prosecco has bright strong colour with lively aromas of intense vine fruits- naturally balanced and graceful

Emotive Sparkling Rose (Italy) **£25.95**

Packed full of fresh red berries- a great dryer style fizz

Paul Langier **£45.95**

A top cuvee blended from Pinot Noir, Pinot Meunier and Chardonnay A stylish dry wine with ripe fruit and a biscuity finish. Full flavoured

Veuve Clicquot **£69.95**

Golden yellow with a foaming necklace of tiny bubbles, with initial reminiscences of white fruits and raisins, then of vanilla and later of brioche

Beers

Efes Draft	Half Pint	£2.30	Pint	£4.60
Carlsberg	Pint			£4.20
Thatchers	500ml			£4.20
Koppaberg	500ml			£4.75
Efes	330ml Bottle			£3.75
Mythos	330ml Bottle			£3.75

Soft Drinks

Apple & Mango	(R)	£2.70	(L)	£3.70
Orange & Passionfruit	(R)	£2.70	(L)	£3.70
Apple Juice	(R)	£2.70	(L)	£3.70
Orange Juice	(R)	£2.70	(L)	£3.70
Cranberry Juice	(R)	£2.70	(L)	£3.70
Tonic Water	(R)	£2.70	(L)	£3.70
Slim Line Tonic	(R)	£2.70	(L)	£3.70
Pepsi	(R)	£2.70	(L)	£3.70
Diet Pepsi	(R)	£2.70	(L)	£3.70
Orange Tango	(R)	£2.70	(L)	£3.70
Lemonade	(R)	£2.70	(L)	£3.70
Mineral Water	(R)	£1.75	(L)	£3.50
Sparkling Water	(R)	£1.95	(L)	£3.50
Lime & Soda	(R)	£1.80	(L)	£2.50
Soda Water	(R)	£1.00	(L)	£2.00

Raki

Shot 25ml				£3.50
Bottle	35cl	£32.00	70cl	£55.00

Shots

Ouzo 25ml	£2.95
Sambuca 25ml	£2.95
Tequila 25ml	£2.95
Lemon Cello 25ml	£2.95
Jagermeister 25ml	£2.95
Apple Sour 25ml	£2.95

Spirits

Smirnoff Vodka 25ml	£3.00
Absolut Blue Vodka 25ml	£3.40
Bacardi 25ml	£3.00
Lambs Navy Rum 25ml	£3.00
Captain Morgan Spiced 25ml	£3.30
Gordon's Gin 25ml	£3.00
Plymouth Gin 25ml	£3.20
Bombay Gin 25ml	£3.50
Hendricks's Gin 25ml	*£4.10
Bells 25ml	£3.00
Jameson's 25ml	£3.10
Jack Daniels 25ml	£3.45
Southern Comfort 25ml	£3.00
Johnnie Walker Black Label 25ml	*£4.00
Archers 25ml	£3.00
Malibu 25ml	£3.00
Cointreau 25ml	£3.00
Amaretto 25ml	£3.50
Tia Maria 25ml	£3.50
Chambord 25ml	£3.50
Baileys 50ml	£3.50
Martini 50ml	£3.50
Cianzano 50ml	£3.50
Port 50ml	£3.50
Grand Marnier 25ml	*£3.80
Courvoisier 25ml	£3.50
Remy Martin 25ml	*£4.40
Metaxa (Greek Brandy) 5 Star 25ml	*£4.10
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Malt Whisky

Laphroaig 25ml	*£3.90
Glenfiddich 25ml	*£4.20

Double Up for £2.00

Excludes selected (*) spirits

House mixers £1



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